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MATERNITY/ LABOUR KIT



8 Remedies and a topical oil, to facilitate a healthy pregnancy term, ease the labour process, avoid complications and enhance recovery in natural birth.

Natural remedies to prepare your body for a normal birth and avoid complications.

- Back Pain
- Milk Production
- Mastitis

- Breech Baby
- Morning Sickness
- Stretch Marks

- Recuperation
- Postnatal Depression

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V.M.T. 30C (Vertigo, Morning & Travel Sickness)—A homeopathic remedy aiding in nausea, vomiting & vertigo, encountered generally, during early stage pregnancy.

The Pregancy Remedy 12C - Taken from the 30th week of pregnancy - indicated for induction, dystocia, dis-coordinated contractions and even helps engage 'breech' habies.

The Birthing Remedy 200C - Taken in the last 2 weeks of pregnancy & during labour (Natural induction). Useful in emotional issues causing dystocia or dis-coordinated contractions.

The Postnatal Remedy 6C - Ideal postbirth; aids mentally and physically (Bruising, bleeding, swelling and inflamation) Ideal post-caesarian section, when a nerve rich area has been cut. Episiotomy, peri-urethral tears, lingering pain from epidermal placement and or urinary catheter.

The Postnatal Blues Remedy 200C - Incorporated, in alternation with the

Birthing remedy, during an 'emotional' labour. Excellent post-birth, where depression and symptoms of post-natal stress disorders, including disassociation occurs.

Haematonic 30C - 'Blood tonic' acts upon a number of organs, nervous system and general metabolism, lifts a low vital force. Aids assimilation of elemental iron into the system. Excellent in recuperative situations.

Lactation 6C - Homeopathic remedy aiding in milk production & quality of milk for the lactating mothers.

Mastitis 30C - Homeopathic complex to aid in associated symptoms of breast engorgement, pain & inflamation, including nipple discomfort.

The Renewal Oil - A tissue oil (incorporating Arnica, Calendula, Lavender & Rosemary) for topical application to the perinium, pre and post birth. Prevents scarring post surgery and in stretch marks by promoting skin elasticity.

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