

# pegasus

homeopathic complexes



## MATERNITY/ LABOUR KIT



8 Remedies and a topical oil, to facilitate a healthy pregnancy term, ease the labour process & enhance recovery in both natural birth and caesarian section.

**Natural remedies to prepare your body for a normal birth or caesarian section**

- Back Pain
- Milk Production
- Mastitis
- Breach Baby
- Morning Sickness
- Stretch Marks
- Recuperation
- Postnatal Depression

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**V.M.T. 30C (Vertigo, Morning & Travel Sickness)** – A homeopathic remedy aiding in nausea, vomiting & vertigo, encountered generally, during early stage pregnancy.

**The Pregnancy Remedy 12C** - Taken from the 30th week of pregnancy - indicated for induction, dystocia, dis-coordinated contractions and even helps engage 'breach' babies.

**The Birthing Remedy 200C** - Taken in the last 2 weeks of pregnancy & during labour. Useful in emotional issues causing dystocia or dis-coordinated contractions.

**The Postnatal Remedy 6C** - Ideal post-birth; aids mentally and physically (Bruising, bleeding, swelling and inflammation) Ideal post-caesarian section, when a nerve rich area has been cut. Episiotomy, peri-urethral tears, lingering pain from epidermal placement and/or urinary catheter.

**The Postnatal Blues Remedy 200C** - Incorporated, in alternation with the

Birthing remedy, during an 'emotional' labour. Excellent post-birth, where depression and symptoms of post-natal stress disorders, including disassociation occurs.

**Haematonic 30C** - 'Blood tonic' acts upon a number of organs, nervous system and general metabolism, lifts a low vital force. Aids assimilation of elemental iron into the system. Excellent in recuperative situations.

**Lactation 6C** - Homeopathic remedy aiding in milk production & quality of milk for the lactating mothers.

**Mastitis 30C** - Homeopathic complex to aid in associated symptoms of breast engorgement, pain & inflammation, including nipple discomfort.

**The Renewal Oil** - A tissue oil (incorporating Arnica, Calendula, Lavender & Rosemary) for topical application to the perinium, pre and post birth. Prevents scarring post surgery and in stretch marks by promoting skin elasticity.

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